

Introduction

The goal of these prayers is to stimulate personal reflection, a sense of tranquility, and spiritual elevation through:

- Proclaiming faith in God and His justice
- Repentance
- Reconciliation
- Asking for and granting forgiveness
- Imparting final blessings and advice about living a good life

Given these goals, it is best for a person to recite such prayers when they are clear-minded. A person can recite them at any time of critical illness or danger. He or she should not see this as a portent of their impending death as many people recover after medical interventions and repentance is always beneficial.

The vidui text includes a prayer for recovery, making it a fitting prayer to recite at a pivotal crossroads in one's healthcare journey. Indeed, classic rabbinic texts state that the person should be told, "Many have confessed and not died, and many did not confess and died. As a reward for your confession, may you live. All who confess have a share in the world to come."

One can recite the abbreviated version if they are unable to state the longer text. If the sick person cannot verbally recite these prayers, they can say it in their heart. Family members may also read it aloud for them. These prayers may be recited on Shabbat and festivals, as necessary.

רְבוֹנוֹ נֶשֶׁל עוֹלָם,
יְהִי רָצוֹן מִלְּפָנֶיךָ
שִׂיְהִיָּה שְׁלוֹם מִנוֹחָתַי:

VIDUI

I give thanks to You, Lord my God and the God of My fathers, in Whose hands is my recovery and my death, for all the life and the necessities of life that You have provided for me. May it be Your will that You grant me a full recovery, and if heaven forbid I die, may my death be an atonement for all my sins, iniquities, and transgressions that I have perpetrated before You. Grant that my portion will be in the Garden of Eden and allow me to merit the World to Come that is reserved for the righteous. Please God, please heal me.

We have sinned, we have acted treacherously, we have robbed, we have spoken slander. We have acted perversely, we have acted wickedly, we have acted presumptuously, we have been violent, we have framed lies. We have given bad advice, we have deceived, we have scorned, we have rebelled, we have provoked, we have turned away, we have committed iniquity, we have transgressed, we have persecuted, we have been obstinate. We have acted wickedly, we have corrupted, we have acted abominably, we have strayed, we have led others astray.

ABBREVIATED VIDUI

If I die, let my death atone for all my sins.

DECLARATION OF FAITH & FORGIVENESS

Ani Maamin

I believe with complete faith in the true Lord, God, Whose Name is Truth, and in the thirteen principles of faith. I forgive everyone and ask that everyone forgive me.

מוֹדָה אֲנִי לְפָנֶיךָ, יְיָ הוּא אֱלֹהֵי
וְאֵלֵהֶי אֲבוֹתַי שְׂרַפּוּאָתִי וּמִיתַתִּי בְּיָדֶךָ
עַל כָּל הַחַיִּים וְצָרְכֵי הַחַיִּים שֶׁנִּתְּתָ לִּי. יְהִי
רְצוֹן מִלְּפָנֶיךָ, שֶׁתִּרְפְּאֵנִי רַפּוּאָה שְׁלֵמָה,
וְאִם חֵס וְשָׁלוֹם אָמוּת, תִּהְיֶה מִיתַתִּי
כַּפָּרָה עַל כָּל הַחַטָּאִים וְעֲוֹנוֹת וְהַפְּשָׁעִים
שֶׁחָטָאתִי וְשָׁעוּיִתִּי וְשֶׁפָּשַׁעְתִּי לְפָנֶיךָ. וְתֵן
חֶלְקִי בְּגוֹן עֲדוֹן, וְזַכְּנִי לְעוֹלָם הַבָּא הַצַּדִּיקִים.
אֵל-ל נָא רַפָּא נָא לִּי.

אֲשַׁמְנוּ, בְּגַדְנוּ, גָּזַלְנוּ, דִּבַּרְנוּ דֹפִי,
הֶעֱוִינוּ, וְהִרְשַׁעְנוּ, זָדְנוּ, חִמְסְנוּ,
טַפְּלָנוּ שָׁקָה, יַעֲצָנוּ רָע, כְּזַבְנוּ,
כַּעֲסְנוּ, לִצְנוּ, מָרְדְנוּ, נֹאצְנוּ,
סָרְרָנוּ, עֲוִינוּ, פָּשַׁעְנוּ, צָרְרָנוּ, קִשְׁיָנוּ
עֲרַף, רָשַׁעְנוּ, שְׁחַתְנוּ, תַּעֲבָנוּ, תַּעֲוִינוּ
וְתַעֲתַעְנוּ.

אם אמות, תהא מיתתי כפרה על כל עונותי.

אֲנִי מְאֲמִין בְּאֱמוּנָה שְׁלֵמָה,
שֶׁ-אֱלֹהִים אֶמֶת וּשְׁמוֹ אֶמֶת, וּבִשְׁלֵשָׁה
עֶשֶׂר הַעֲקָרִים. וְהִנְנִי מוֹחֵל לְכָל אָדָם
וּמְבַקֵּשׁ שֶׁכֻּלָּם יִמְחְלוּ לִּי.

May the Lord bless you and protect you. May the Lord make His face shine on you and be gracious to you. May the Lord turn His face toward you and grant you peace. The spirit of the Lord shall alight upon him: A spirit of wisdom and insight, A spirit of counsel and valor, A spirit of devotion and reverence for the Lord.

Hamalach Hagoel

May the angel who rescued me from all harm, bless these children. May they be called by my name and the names of my fathers Abraham and Isaac. And May they increase greatly on the earth.

יְבָרְכֶךָ י-הוה וַיִּשְׁמְרֶךָ.
 יְאָר י-הוה פָּנָיו אֵלֶיךָ וַיַּחֲנֶנְךָ. וְשָׂא
 י-הוה פָּנָיו אֵלֶיךָ וְנָשָׂם לְךָ שְׁלוֹם.
 וְנָחָה עָלֶיךָ רוּחַ יְהוָה רוּחַ חֵכְמָה וּבִינָה
 רוּחַ יַעֲזָרָה וְגִבּוֹרָה רוּחַ דָּעַת וַיִּרְאֵת
 י-הוה.

הַמַּלְאָךְ הַגָּאֵל אֶתִּי מִכָּל רָע
 יְבָרְכֶךָ אֶת הַנְּעָרִים וַיִּקְרָא בָהֶם שְׁמִי
 וְשֵׁם אֲבֹתַי אַבְרָהָם וַיִּצְחָק וַיִּדְגּוּ לְרַב
 בְּקִרְבַּי הָאָרֶץ.

FINAL DECLARATION OF FAITH

When the end is approaching, all present, including the dying person (if possible), recite the following passages with intense concentration. When possible, one should repeat the Shema so that they are the last words recited in the presence of the dying person.

[1x] **Hear, O Israel, the Lord our God, the Lord is One.**

[3x, undertone]: *Blessed be the name of His glorious kingdom for ever and ever.*

[7x] **The Lord, He is God.**

[1x] **The Lord is King, the Lord was King, & the Lord will be King for ever & ever.**

שְׁמַע יִשְׂרָאֵל [1x]
 י-הוה א-להינו י-הוה אחד.

בְּרוּךְ שֵׁם כְּבוֹד
 מְלְכוּתוֹ לְעוֹלָם וָעֶד. [3x בלחש]

י-הוה הוא האלהים. [7x]

י-הוה מֶלֶךְ, י-הוה מֶלֶךְ, [1x]
י-הוה יִמְלֹךְ לְעוֹלָם וָעֶד.

Who is like You, God, pardoning iniquity and overlooking transgression for the remnant of God's people, Who has not retained wrath forever, for God desires mercifulness. God will return us in compassion, God will suppress our iniquities, and will cast all their sins into the depths of the sea. In Your hand I entrust my spirit. You redeem me, Lord, true God.

*God, I long for your deliverance.
The Lord is the true God.
Moshe is true and his Torah is truth.*

Hear, O Israel, the Lord our God, the Lord is One.

Blessed be the name of His glorious kingdom for ever and ever.

מִי אֵל כְּמוֹדֶךָ נִשְׂא עוֹן וְעֵבֶר עַל פֶּשַׁע לְשִׂאֲרֵי־תְּנִיחָתוֹ לֹא הִחְזִיק לְעַד אָפוּ כִּי חִפֵּץ חֶסֶד הוּא. יָשׁוּב יִרְחַמֵּנוּ יִכַּבֵּשׁ עֲוֹנוֹתֵינוּ וְתִשְׁלַח בְּמַצְלוֹתָיִם כָּל חַטֹּאתֵינוּ. בְּיַדְךָ אֶפְקִיד רוּחִי פְּדִיתָה אוֹתִי יְיָ הוּהוּ אֵל אֱמֶת.

*לִישׁוּעָתְךָ קוֹיֵתִי יְיָ הוּהוּ.
יְיָ הוּהוּ אֵל אֱמֶת.
מֹשֶׁה אֱמֶת וְתוֹרָתוֹ אֱמֶת.*

שְׁמַע יִשְׂרָאֵל

**יְיָ הוּהוּ אֵל אֱמֶת יְיָ הוּהוּ אֱחָד.
בְּרוּךְ שֵׁם כְּבוֹד מְלְכוּתוֹ לְעוֹלָם וָעֶד.**

BLESSING FOR ONE'S FAMILY

Father of orphans and Justice of widows, protect my cherished family, whose souls are bound with mine. Into Your hand I entrust my spirit. May You redeem me, Lord, God of Truth.

אָבִי יְתוּמִים וְדִין אֶלְמָנוֹת, הֲגֵן בְּעַד קְרוֹבֵי הַיְקָרִים, אֲשֶׁר נִפְשֵׁי קְשׁוּרָה בְּנַפְשָׁם. בְּיַדְךָ אֶפְקִיד רוּחִי פְּדִיתָה אוֹתִי יְיָ הוּהוּ אֵל אֱמֶת.

BLESSING FOR ONE'S CHILDREN

Male Children:

May God make you like Ephraim & Menasheh.

יְשִׁימְךָ אֱלֹהִים כְּאֶפְרַיִם וְכַמְנַשֶּׁה.

Female Children:

May God make you like Sarah, Rebecca, Rachel, & Leah.

יְשִׁימְךָ אֱלֹהִים כְּשָׂרָה, רְבֵקָה, רָחֵל וְלֵאָה.

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