

BEDSIDE PRAYERS WITH THE TERMINALLY ILL



Introduction

The following prayers may be recited by those present with a terminally ill person who is likely approaching the time of death. These are traditional Psalms recited for salvation and prayers that express one's faith. They may be repeated as many times as desired. The goal of these prayers is to pray for grace and mercy for the ill, envelop them in an environment of prayer & spiritual elevation, and stimulate personal reflection.

A song of ascents. I lift my eyes up to the hills; where will my help come from? My help comes from the Lord, Maker of heaven and earth. He will not let your foot slip; He who guards you does not slumber. Behold – the Guardian of Israel neither slumbers nor sleeps. The Lord is your guardian; the Lord is your shade at your right hand. The sun will not strike you by day, nor the moon by night. The Lord will guard you from all harm; He will guard your life. The Lord will guard your going and coming, now and for evermore.

(Psalms Chapter 121)

A song of ascents. From the depths I have called out to You, O Lord. Lord, hear my voice; let Your ears be attuned to the sound of my plea. If You, Lord, keep account of sins, O Lord, who could stand? But with You there is forgiveness; therefore You may be revered. I wait for the Lord – my soul waits – in His word I put my hope. My soul waits for the Lord more than watchmen for the morning, more than watchmen for the morning. Israel, put your hope in the Lord, for loving-kindness is the Lord's, and great is His power to redeem. It is He who will redeem Israel from all their sins.

(Psalms Chapter 130)

He who lives in the shelter of the Most High dwells in the shadow of Shaddai. I say of the Lord, "My refuge and stronghold, my God in whom I trust," for He will save you from the fowler's snare, from deadly plague. With His pinions He will cover you; beneath His wings you will find shelter; His loyalty is an encircling shield. You need not fear terror by night, nor the arrow that flies by day, nor the

שִׁיר לַמַּעְלוֹת, אֶשְּׂא עֵינֵי אֶל־הֶהְרִים, מֵאַיִן יָבּא עֶזְרִי: עֶזְרִי מֵעִם י-הוה, עֹשֵׁה שָׁמֵיִם וָאָרֶץ: אֵלִּי, אֵל־הָעָרָן. אַלִּי, אַלִּי, אַלִּים שִׁמְרָךְ: הַנָּה לֹא־יָנוּם וְלֹא יִישָׁן שׁוֹמֵר יִשְּׂרָאֵל: י-הוה שֹׁמְרֶךְ, י-הוה צִלְךְּ עַלֹּייֵד יְמִינֶךְ: יוֹמֶם הַשָּׁמֶשׁ לֹא־יַכֶּכָּה, עַל־יֵד יְמִינֶךְ: יוֹמֶם הַשָּׁמֶשׁ לֹא־יַכֶּכָּה, וְיָבִרְתְ בַּלִיְלָה: י-הוה יִשְמְרְדְ מִכּּל־רָע, יִשְׁמֹר אֶת־נַפְשָׁךְ: י-הוה יִשְמְרְדְ מִכּל־צִאתְרְ יִשְׁמֹר אֶת־נַפְשָׁךְ: י-הוה יִשְמְרְדָּ מִכּל־צִאתְרְ וֹבְוֹעָדִעוֹלְם:

(תהלים קכא)

שׁיר הַּמַּעֲלּוֹת, מִמַּעֲמַקּים קְרָאתֵיךּ י-הוה:
י-הוה שִׁמְעָה בְּקוֹלִי, תִּהְיֶינָה אִוְּגֵיךּ קַשָּׁבוֹת
לְקוֹל תַּחֲנוּנָי: אִם־עֲוֹנוֹת תִּשְמָר־יָ-הּ, י-הוה
מִי יַעֲמֹד: פִּיעִמְךּ הַפְּלִיחָה, למֵעַן תִּנָּרֵא:
קוּיתִי י-הוה קוְּתָה נַפְשִׁי, וּלִדְבָרוֹ הוֹחֶלְתִּי:
נַפְשִׁי לַי-הוה, מִשִּׁמְרִים לַבְּּקֶר, שׁמְרִים
לַבְּּקֶר: יַחֵל יִשְׂרָאֵל אֶל י-הוה, כִּי־עִם י-הוה
הַחֶסֶד, והַרְבֵּה עִמּוֹ פְדוּת: והוּא יִפְדָּה אֶת־
יַשְׂרָאֵל, מִכּּל עֲוֹנוֹתַיו:

(תהלים קל)

לשׁב בְּסַתֶּר עֶלְיוֹן, בְּצֵל שַׁ-דַּי יִתְלוֹנָן:
 אֹמַר לַי-הוה מַחְסִי וּמְצוּדָתִי, אֱ-לֹהַי אָבְטַח-בּוֹ: כִּי הוּא יַצִּילְךְ מִבַּח יָקוּש,
 מִדֶּבֶר הַוּוֹת: בְּאֶבְרָתוֹ יָסֶךְ לָדְ, וְתַחַת-בְּנְיוֹ תָּחְסֶה, צִנָּה וְסֹחֵרָה אֲמִתּוֹ: לֹא-בְּנָכִיו תָּחְסֶה, צִנָּה וְסֹחֵרָה אֲמִתּוֹ: לֹא-תִירָא מִפַּחַד לָיִלָה, מֵחֵץ יָעוּף יוֹמָם:

ematai אימתי

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plague that stalks in darkness, nor disease that ravages at noon. A thousand may fall beside you, ten thousand at your right hand, but it will not come near you. You will only look with your eyes and see the punishment of the wicked. For you – "the Lord is my Refuge" – you have made the Most High your abode. No harm will befall you; no sickness will come near your home, for He will command His angels about you to guard you in all your ways. They will lift you in their hands lest your foot stumble on a stone. You will tread over lions and vipers; you will trample on young lions and serpents. "Because he loves Me, I will rescue him; I will protect him because he acknowledges My name. When he calls on Me, I will answer him; I will be with him in distress; I will rescue him and bring him honor. With long life I will satisfy him and show him My salvation."

(Psalms Chapter 91)

Adon Olam

Eternal Master, Who reigned before anything was created – when by His will all things were brought into being, then as King was His name proclaimed. After all things have ceased to be, He will reign alone in awesome majesty. He was. He is. He will always be; His eternal glory can never fade. He is One. There is no other; beyond compare, or any metaphor. He had no beginning, will have no end. He above all others has strength and power. He is my God, my living Redeemer, a Rock when I am in pain in troubled times. My banner and my refuge, to Whom I will raise a cup on the day I proclaim my salvation. I entrust my spirit to His hand, when sleeping and when awake. With my body my soul will stay; the Lord is with me, I need not fear.

Ana Be-Koach

We pray, through the awesome power of Your right hand, that You set captive Israel free. Receive Your people's prayer; uplift us, make us pure, God of awe. Almighty God, we pray You guard as the apple of Your eye those who seek Your unity. Bless us, cleanse us, and please, mitigate Your justice for us with Your mercy. Almighty Holy One, lead us, Your flock, in Your bountiful goodness. Supreme and Only God, turn to Your people who are mindful of Your holiness. Accept our prayer, give ear to our cry, You Who know our most private thoughts. Blessed is the name of His glorious kingdom forever and ever.

מִדֶּבֶּר בָּאֹפֶּל יַהֲלֹדְ, מִקֶּטֶב יָשׁוֹד צְהְרָיִם:
יִּפֹּל מִצִּדְּדְ אֶלֶף, וּרְבָבָה מִימִינֶדְ, אֵלֶידְ לֹא
יִּפָּל מִצִּדְּדְ אֶלֶף, וּרְבָבָה מִימִינֶדְ, אֵלֶידְ לֹא
יִּנְשׁ: רַק בְּעֵינֶידְ תַבִּיט, וְשִׁלֻמַת רְשִׁעִים
תִּרְאָה: כִּי-אַתָּה י-הוֹה מַחְסִי, עֶלְיוֹן שַׂמְתָּ
מְעוֹנֶדְ: לֹא-תְאֻנֶּה אֵלֶידְ רָעָה, וְנֶגַע לֹא-יִקְרַבּ
בְּּאָהֶלֶדְ: כִּי מַלְאָכִיו יְצַנֶּה-לָּדְ, לִשְׁמְרְדְּ בְּּכָלדְּרָכִידְ: עַל-כַּפַּיִם יִשְּׁאוּנְדְ, פֶּן-תִּגֹּף בָּאֶבֶּן
דְרָכִידְ: עַל-שַׁחַל וְפֶתֶן תִּדְרֹדְ, תִּרְמֹס כְּפִיר
וְתָנִין: כִּי בִי חָשַׁק וַאֲבַלְּטֵהוּ, אֲשַׂגְּבֵהוּ כִּייְדַע שְׁמִי: יִקְרָאֵנִי וְאֶעֲנֵהוּ, עִמוֹ אָנֹכִי בְצֶרָה,
אָחַלְצֵהוּ וַאְכַבְּדֵהוּ: אֹרֶדְ יָמִים אַשְׂבִּיעהוּ,
וְאַבְּלְּצֵהוּ בִּישׁוּעָתִי:

(תהלים צא)

אָדּוֹן עוֹלֶם אֲשֶׁר מְלַדְּ בְּטֶרֶם כָּליְצִיר נְבְרָא. לְעֵת נַעֲשָׂה בְחָפְצוֹ כֹל אֲזֵי מֶלֶדְ שְׁמוֹ נְבְרָא. לְעֵת נַעֲשָׂה בְחָפְצוֹ כֹל אֲזֵי מֶלֶדְ שִׁמוֹ נְקְרָא. וְאַחֲרֵי כִּכְלוֹת הַכֹּל לְבַדּוֹ יִמְלֹדְ נוֹרָא. וְהַוּא הָיָה וְהוּא הָיָה בְּתִּפְאָרָה. וְהוּא אֶחָד וְאֵין שֵׁנִי לְהַמְשִׁיל לוֹ לְהַחְבִּירָה. בְּלִי רֵאשִׁית בְּלִי תַּכְלִית וְלוֹ הָעֹז וְהַמִּשְׂרָה. וְהוּא אֵ-לִי וְחֵי גּוֹאֲלִי וְצוּר חֶבְלִי בְּעֵת צֶרָה. וְהוּא נְסִי וּמְנוֹס לִי מְנֶת כּוֹסִי בְּיוֹם אֶקְרָא. וְהַהִּ אַכְּיִד רוּחִי בְּעֵת אִישַׁן וְאָעִירָה. וְעִם בּּיִרִם גְיִלְה. וְעִם בּוֹיִה יְהוֹה לִי וְלֹא אִירָא.

אָנָּא, בְּכֹחַ גְדֻלַת יְמִינְדּ, תַּתִּיר צְרוּרָה. קַבּל רְנַּת עַמְּדּ, שַׁגְּבֵנוּ, טַהֲרֵנוּ, נוֹרָא. נָא גְּבּוֹר, דוֹרְשֵׁי יִחוּדְדּ כְּבָבַת שָׁמְרֵם. בַּּרְכֶם, טַהְרֵם, רַחֲמִם, צִדְקָתְּדְ תָּמִיד נָּמְלֵם. חֲסִין קָדוֹשׁ, בְּרֹב טוּבְדְ נַהֵל צְדָתֶדְ. יָחִיד נָּאָה, לְעַמְדְ פְנֵה, זוֹכְרֵי קְדֻשְׁתֶדְ. שַׁוְעָתֵנוּ קַבֵּל יְשְׁמֵע צַעֲקָתֵנוּ, יוֹדֵע תַּעְלוּמוֹת. בָּרוּדְ שֵׁם בִּרֹד מַלְכוּתוֹ לִעוֹלֵם וַעֵּד.

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Al Ken (from Aleinu prayer)

We therefore hope in You, Lord our God, that we may soon see the glory of Your might when You will remove abominations from the earth and the idols shall be utterly destroyed, when the world shall be perfected under the rule of the Almighty. Then all mankind shall invoke Your name, to turn all the wicked on earth toward You. All dwellers on earth will perceive and understand that to You every knee must bend, every tonque vow fealty. Before You, Lord our God, all will kneel and bow down, and give honor to Your glorious name. They will all accept the rule of Your dominion, and You will speedily rule over them forevermore. For the kingdom is Yours, and to all eternity You shall reign in glory, as it is written in Your Torah, "The Lord shall reign forever and ever." And it is said, "And the Lord shall be King over all the earth; in that day shall the Lord be One, and His name One."

על כון נקוה לד י-הוה אֵ-להֵינוּ, לִרְאוֹת מָהֶרָה בִּתִפָּאֵרָת עָזֶדְּ, לְהַעֲבִיר גִּלּוּלִים מָן הָאָרֵץ, וִהָּאֵלִילִים כָּרוֹת יִכָּרֵתוּוְ, לִתַקֵן עוֹלֶם בִּמַלְכוּת שַׁ-דֵּי. וְכָל בְּגֵי בָשָׂר יִקְרְאוּ בִּשְׁמֵךְ לְהַפְנוֹת אֱלֵיךְ כָּל רְשִׁעֵי אָרֵץ. יַכִּירוּ וְיֵדְעוּ כַּל יוֹשְׁבֵי תֵבֶל, כִּי לִךְ תִּכְרַע כַּל בֵּרֶדְ, ּתִּשָּׁבַע כָּל לָשׁוֹן. לְפָנֵיךְ י-הוה אֵ-לֹהֵינוּ יָכָרְעוּ וִיִפְּלוּ, וִלְכָבוֹד שְׁמִדְּ יִקֶר יִתֵּנוּ, וִיקַבָּלוּ כֶלֶם אֵת על מַלְכוּתֵדְּ, וִתְמִלֹדְ עַלֵיהֵם מִהַרָה לִעוֹלֶם וָעֵד. כִּי הַמַּלְכוּת שָׁלְדְּ הִיא וּלְעוֹלְמֵי עַד הָּמְלֹדְ בְּכָבוֹד, בַּכָּתוּב בִּתוֹרָתֵךּ, י-הוה יִמִלדְּ לִעֹלָם וָעֵד: וְגֵאֱמַר, וְהָיָה י-הוה לְמֵלֵךְ עַל־כָּל־הָאָרֵץ, בַּיוֹם הַהוּא יָהְיֵה י-הוה אֱחָד וּשְׁמוֹ אֱחָד:

Yigdal

The living God will be exalted and praised; He exists, and His existence endures beyond time. He is One and His oneness is like that of no other; He is beyond our comprehension, for His unity is infinite. He has no physical image, neither does He have a body; nothing can be compared to Him in His Holiness. He preceded everything that was created; He was the first, and His primordial existence had no beginning. Behold He is the eternal Master, and every creature shall make His greatness and sovereignty known. He bestowed His prophetic overflow upon those individuals who were His treasured and glorious ones. Never did there arise in Israel another prophet like Moses, who alone was able to view God's image. God gave His people the Torah of truth by the hand of His prophet who was the most trusted in all His house. God will not exchange or replace His law; never will He alter it to become something else. He sees and knows all that we conceal; He discerns the end result of all that happens before it. He rewards the compassionate person in accordance with his deeds; He imposes punishment on the wicked person in accordance with his evil. He will send our Messiah at the end of days to redeem with His salvation those who await the end of days. God in His great kindness will resurrect the dead; blessed is His illustrious name for ever and ever.

יְגָּדָל אֵ-להִים חֵי וְיִשְׁתַּבַּח, נִמְצֵא וְאֵין יִּעַיּר עת אֵל מִצִיאוּתוֹ. אֱחָד וְאֵין יָחִיד כִּיִחוּדוֹ, גַעָלֶם וְגַם אֵין סוֹף לְאַחִדוּתוֹ.אֵין לוֹ דְּמוּת הַגּוּף וְאֵינוֹ גוּף, לֹא נַעֵרֹךְ אֶלָיו קְדָשָׁתוֹ. קַדְמוֹן לְכָל דַּבָר אֲשֵׁר נִבְרָא, רְאשׁוֹן וְאֵין רָאשִׁית לְרֵאשִׁיתוֹ. הָנּוֹ אֲדוֹן עוֹלַם, וְכַל נוֹצָר יוֹרֶה גִדֶּלֶתוֹ וּמֵלְכוּתוֹ. שֵׁפַע נִבוּאָתוֹ נְתַנוֹ אֱל־אַנְשֵׁי סְגְלַתוֹ וְתִפְאַרְתּוֹ. לֹא קַם בִּיִשְׂרָאֵל כִּמֹשֵׁה עוֹד נָבִיא וּמַבִּיט אֵת תּמוּנָתוֹ. תּוֹרַת אֱמֶת נָתַן לְעַמוֹ אֵ-ל עַל יַד נְבִיאוֹ נֵאֱמַן בֵּיתוֹ. לֹא יַחַלִּיף הָאֵ-ל וְלֹא יַמִיר דַּתוֹ לְעוֹלַמִים לְזוּלַתוֹ. צוֹפֶה וִיוֹדֶעַ סְתַרֵינוּ, מַבִּיט לְסוֹף דָּבַר בְּקַדְמַתוֹ. גּוֹמֵל לָאִישׁ חֱסֶד כִּמְפָעַלוֹ, נוֹתֵן לְרַשַּׁע רַע בְּרִשְׁעָתוֹ. יִשְׁלַח לְקֵץ יָמִין מְשִׁיחֵנוּ לִפְדּוֹת מָחַכֵּי קֵץ יִשׁוּעָתוֹ. מֶתִים יְחַיֵּה אֵ-ל בִּרֹב חַסְדּוֹ, בָּרוּךְ עֲדֵי עַד שֵׁם תִּהְלֶּתוֹ.



Introduction

If the patient cannot read prayers on their own, family members may read them aloud, even if the patient is not conscious. If the patient can recite prayers, a more complete vidui including prayers to say for one's children is available on Ematai's website. These prayers may be recited on Shabbat and festivals, as necessary.

VIDUI

I give thanks to You, Lord my God and the God of My fathers, in Whose hands is my recovery and my death, for all the life and the necessities of life that You have provided for me. May it be Your will that You grant me a full recovery, and if heaven forfend I die, may my death be an atonement for all my sins, iniquities, and transgressions that I have perpetrated before You. Grant that my portion will be in the Garden of Eden and allow me to merit the World to Come that is reserved for the righteous. Please God, please heal me.

We have sinned, we have acted treacherously, we have robbed, we have spoken slander. We have acted perversely, we have acted wickedly, we have acted presumptuously, we have been violent, we have framed lies. We have given bad advice, we have deceived, we have scorned, we have rebelled, we have provoked, we have turned away, we have committed iniquity, we have transgressed, we have persecuted, we have been obstinate. We have acted wickedly, we have corrupted, we have acted abominably, we have strayed, we have led others astray.

מוֹדֶה אֲנִי לְפָנֶיף, י-הוה אֵּלְהִי נְאַרְהִי אֲנִי לְפָנֶיף, י-הוה אֵּלְהַי נֵא-לֹהֵי אֲבוֹתֵי שֶׁרְפוּאָתִי וּמִיתָתִי בְּיָדֶךְ עַל כָּל הַחַיִּים וְצְרְכֵי הַחַיִּים שֶׁנָתַתָּ לִי. יְהִי רְצוֹן מִלְפָנֶיף, שֶׁתִּרְפָּאֵנִי רְפוּאָה שְׁלֵמָה, וְאָם חַס וְשָׁלוֹם אָמוּת, תְּהֵא מִיתָתִי כַּפָּרָה עַל כָּל הַחֲטָאִים וַצְוֹנוֹת וְהַפְשָׁעִים שֶׁחָטָאתִי וְשֶׁצְוִיתִי וְשֶׁפְּשַׁעְתִּי לְפָנֶיךְ. וְתֵן חֶלְקִי בְּגַן וַשֶּׁנְיִיתִי וְשֶׁפְּשַׁעְתִּי לְפָנֶיךְ. וְתֵן חֶלְקִי בְּגַן עֵּדֶן, וְזַכֵּנִי לָעוֹלָם הַבָּא הַצְפוּן לַצִּדִּיקִים. אֵּל נָא רְפָּא נָא לִי.

אָשַׁמְנוּ, בָּגַדְנוּ, גָּזַלְנוּ, דְבַּרְנוּ דֹפִי, הֶּצֶּלְנוּ, דְבַּרְנוּ דֹפִי, הֶעֲלְנוּ, וְהַרְשַׁעְנוּ, זַדְנוּ, חָמַסְנוּ, טָפַלְנוּ שֶׁקֶר, יָעַצְנוּ רָע, כִּזַּבְנוּ, כָּעַסְנוּ, לַצְנוּ, מְרֵיְנוּ, עָוִינוּ, פְּשַׁעְנוּ, מְרֵיְנוּ, עָרְינוּ, לְיִנוּ, לְיִנוּ, בְּשַׁעְנוּ, שְׁרַנוּ, לְרָנוּ, לְרָנוּ, רְשַׁעְנוּ, שְׁחַתְנוּ, מְעִרְנוּ, תְּרֶנוּ, הָעִינוּ וְתִעְתַּעְנוּ.

ABBREVIATED VIDUI

If I die, let my death atone for all my sins.

אָם אָמוּת, תְּהֵא מִיתָתִי כַּפָּרָה עַל כָּל עֲוֹנוֹתַי.



DECLARATION OF FAITH

Who is like You, God, pardoning iniquity and overlooking transgression for the remnant of God's people, Who has not retained wrath forever, for God desires mercifulness. God will return us in compassion, God will suppress our iniquities, and will cast all their sins into the depths of the sea. In Your hand I entrust my spirit. You redeem me, Lord, true God.

God, I long for your deliverance.

The Lord is the true God.

Moshe is true and his Torah is truth.

מִי מֵּ־ל כְּמוֹדְּ נֹשֵּׁא עָוֹן וְעֹבֵּר עַל פֶּשַּׁע לִשְׁאֵרִית נַחֲלָתוֹ לֹא הֶחֱזִיק לָעַד אַפּוֹ כִּי חָפֵץ חֶסֶד הוּא. יָשׁוּב יְרַחֲמֵנוּ יִכְבּשׁ עֲוֹנֹתֵינוּ וְתַשְׁלִידְ בִּמְצֵלוֹת יָם כָּל חַטּאוֹתָם. בְּיָדְדְּ אַפְקִיד רוּחִי פַּדִיתַה אוֹתִי י-הוֹה אֵל אֱמֵת.

לִישׁוּעָתִדְּ קְוִּיתִי י-הוה.

י-הוה אֵ-ל אֱמֶת.

מֹשֶׁה אֱמֶת וְתוֹרָתוֹ אֱמֶת.

ALL PRESENT RECITE THE FOLLOWING

When the end is approaching, all present, including the dying person (if possible), recite the following passages with intense concentration. When possible, one should repeat the Shema so that they are the last words recited in the presence of the dying person.

IN Hear, O Israel, the Lord our God, the Lord is One.

[3x, undertone]: **Blessed be the name of His qlorious kingdom for ever and ever.**

The Lord, He is God.

The Lord is King, the Lord was King,& the Lord will be King for ever & ever.

ּ שְׁמַע יִשְׂרָאֵל י־הוה אֶחָד.

בְּרוּךְּ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלֶם וָעֵד. מַלְכוּתוֹ לְעוֹלֶם וָעֵד.

[צג בלחש 3x]

י-הוה הוא הָאֵלהִים.

י-הוה מֶלֶדְ,י-הוה מְלַדְּ, ייהוה מְלַדְּ, ייהוה יִמְלדְ לְעלָם וָעֶד.

IMMEDIATELY AFTER A PERSON'S DEATH ALL PRESENT RECITE

The Lord has given and the Lord has taken away: blessed be the name of the Lord.

Blessed are You, Lord, our God, King of the universe, the true Judge. י-הוה נָתַן וַי-הוה לָקָח, יְהִי שֵׁם י-הוה מְבֹרָדְ:

בָּרוּדְ אַתָּה י-הוה אֱ-לֹהֵינוּ מֶלֶדְ הָעוֹלָם, דַּיַּן הָאֶמֶת.

In our times, Kriyah (tearing of the garments) is customarily performed only at the time of the funeral.



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