



Robert Levin M.D., CFP®, CEPA® is a Senior Vice President with Ascend Wealth Partners at UBS Financial Services, Inc, with 2 billion dollars in assets under management and with 100 plus years of collective experience. Bob's practice focuses primarily on the financial needs of seniors with a large client base of physicians and healthcare executives.

Ascend provides: Comprehensive wealth management advice. | Multiple investment, lending, banking, insurance, retirement and estate planning solutions for families and their businesses. | Administrative speed and excellence.

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OPICA is a non-profit Adult Day Care providing services to meet the needs of individuals at every stage of the journey through dementia. OPICA, located on the west side of Los Angeles offers a variety of cognition enriching art, music, and physical activities that promote quality of life and lowers the risk of cognitive decline. OPICA has an Early-State Memory Loss Program, Adult Day Program, Support Groups, Individual Counseling, and our Online Zoom Program, OZ, as well as Community Education in the community.

Please contact Sara Kaye, Director of Family Services, sara@opica.org, 310-478-0226. 11759 Missouri Ave. Los Angeles, CA 90025

☀ opica.org



Kaiser Permanente exists to provide high-quality, affordable health care services and to improve the health of our members and the communities we serve.

☀ healthy.kaiserpermanente.org



The Alzheimer's Association California Southland Chapter provides free educational programs, support services and care consultations across the Los Angeles, Riverside, San Bernardino, Kern, Tulare, Kings and Inyo counties while also supporting critical research towards a cure.

☀ act.alz.org



Renewal is a non-profit organization dedicated to saving lives by helping kidney donors and recipients navigate all aspects of the transplant process

☀ renewal.org



FIRST ANNUAL COMMUNITY FAIR PROMOTING ADVANCE HEALTHCARE & FINANCIAL PLANNING

ORGANIZED BY



Cedars-Sinai Community Health Improvement builds capacity for individuals to care for themselves by providing health education, screenings and vaccinations, increasing health literacy and connecting participants to ongoing care in their own neighborhoods. They collaborate with a robust network of community partners to address serious health issues such as diabetes, heart disease and cancer.

☀ cedars-sinai.org/community

JEWISH FAMILY SERVICE LA

Jewish Family Service LA provides life-improving services that help the people of Los Angeles live with dignity and exercise self-determination. Every day, thousands of men, women, and children in Los Angeles face the devastating reality of food insecurity, domestic violence, or mental health issues. They experience the unique challenges of preparing for a newborn baby, experiencing postpartum depression, caring for a child with special needs, or finding community and care for an aging parent.

In the past year, JFSLA staff, volunteers, and donors have dedicated themselves to helping thousands of adults and children from all backgrounds and beliefs. Our highly trained staff and volunteers work closely with individuals and their loved ones to problem-solve and guide them on their paths to safety, security, wellness, and fulfillment.

☀ jfsla.org



Mount Sinai is a full-service mortuary and cemetery that has been a trusted resource for the Jewish community for over 60 years. We are dedicated to providing families with a traditional Jewish funeral experience and have our own in-house Chevra Kadisha to assist in this process. Whether your traditions are based in family or faith, our team is here to help you navigate the funeral planning process with sensitivity and expertise. For more information on our services please reach out to Tammi Weinstein at 323-769-1346.

✿ tweinstein@mountsinainparks.org



Ematai's mission is to enable Jewish families to navigate an increasingly complex healthcare journey, particularly in the dilemmas of aging, end-of-life treatment, and organ donation.

Visit www.ematai.org to explore our extensive online resource library or download Netivot, our advance directive and conversation guide. Contact our 24/7 realtime helpline for urgent halachic questions about end-of-life matters at 646-599-3895, or email office@ematai.org to book an appointment to discuss less time-sensitive questions about aging, illness, and end-of-life care.

✿ ematai.org



The Arthritis Foundation can help with everything from questions about insurance, health care needs, treatment options, navigating the medical system and more.

Contact us at 800-283-7800 to reach our licensed, clinical social worker and trained staff. We are here for you!

✿ arthritis.org



As a mother, RN, and IBCLC, Rachel Malk brings a blend of research-based information and practical advice to each consultation to ease your journey into motherhood so that you can meet your personal breastfeeding goals. She accepts most PPO insurance plans, so you can receive 100% covered in-home lactation care.

✿ rmlactation@gmail.com



RVW Wealth LLC provides portfolio management and wealth optimization services with a focus on time-tested evidence-based investment methodology; and on cost &

tax minimization. Selwyn Gerber, CPA, Founder and Chief Strategist | RVW Wealth LLC. 1880 Century Park East, Suite 200 | Los Angeles, CA 90067 310.945.4000 Main | 310.432.4382 Direct & Text

✿ RVWwealth.com



The Maple Counseling Center is a mental health clinic that provides affordable therapy to individuals, couples, families, children, and adolescents.

Our phone line is answered live Monday through Friday from 9am-5pm - (310) 271-9999 ext. 1.

✿ maple4counseling.org



Atoosa Benji BIRTH SERVICES

LA Midwife Group and Atoosa Benji Birth Services offer unmatched individualized care to women aged 18 and beyond for well woman and pregnancy services.

We are uniquely qualified to offer both home birth and hospital birth with a midwife at Cedars-Sinai Medical Center. We offer home care and gentle gynecologic care.

✿ **LA Midwife Group: 310-497-1423** ✿ **Atoosa Benji: 310-283-1434**



Ateres Avigail is a volunteer-driven bikur cholim organization dedicated to promoting and supporting community health and wellness by assisting members of our community who are facing medical crises, and offering support for their families. Our services

include rides, meals, medical referrals and second opinions, medical equipment gemach and more. We strive to always serve people in need in a significant and meaningful way.

✿ ateresavigail.org



The Foundation for Senior Services provides seniors and their families with education, options and resources so they can choose quality care and assistance that will help preserve their independence.

We have first-hand knowledge of the complex and confusing array of issues that today's seniors must navigate in order to get quality care and assistance, and to live safely and cared for. The Foundation of Senior Services purpose is to provide this support to seniors in the local communities and municipalities we serve, without consideration of social and cultural differences.

✿ foundationforseniorservices.org



Los Angeles Jewish Health is bringing their Program of All-Inclusive Care for the Elderly (PACE) to West Los Angeles. PACE provides coordinated, comprehensive care for those 55 and older with chronic medical conditions

who live in our community. Phone: (844) 952-7223.

✿ brandmanseniorcare.org



Wise & Healthy Aging, a community-based, non-profit organization, advances the dignity and quality of life of older adults through leadership, advocacy, and high-quality, innovative services.

Since 1972, Wise & Healthy Aging has been known for our innovative programs and services designed to meet the needs of seniors and caregivers.

✿ wiseandhealthyaging.org



Simpler Horizons is dedicated to providing quality service to every community we serve. We believe in the idea that if we can provide value to the people we work with, our success is guaranteed.

We have helped thousands of Medicare recipients with the help of our knowledgeable Medicare insurance agents to find the right plan for their individual needs. We partner with hundreds of doctors, hospitals, health plans, and brokers to ensure that every single one of our members has access to the quality, benefits, and care they deserve.

✿ simplerhorizons.com